WEEKLY PLANNER

Dates ___/_____ — ___/_____/____

Monday

Tuesday

Wednesday

Thursday

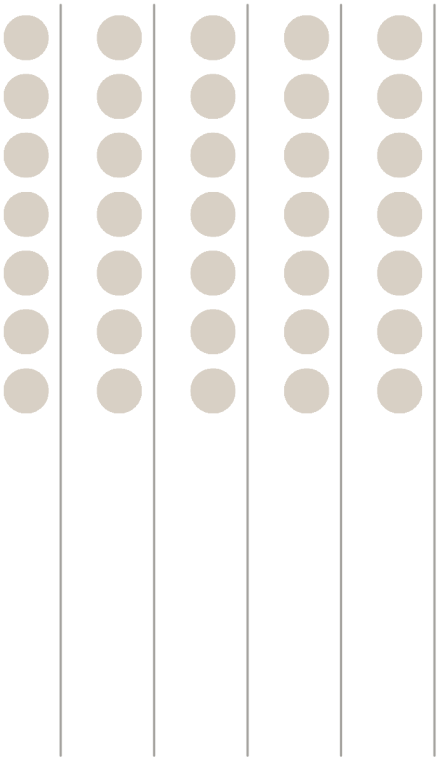
Friday

Saturday

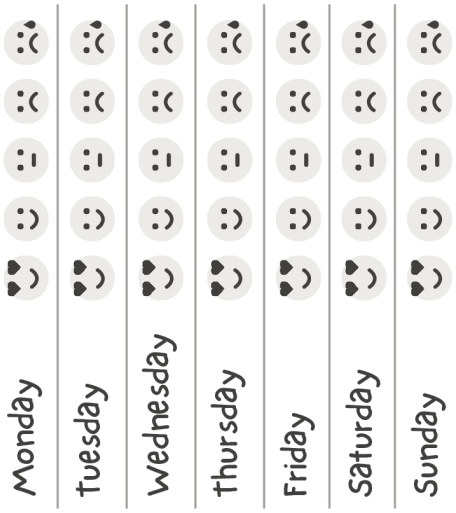
Sunday

This week's focus

Habits



Mood / Energy level



affectiontag.com